

**Lincoln Public Schools  
Health & Wellness Committee  
September 21, 2022**

**Minutes**

The meeting was called to order at 8:00 AM.

Members of the Committee present introduced themselves. Mrs. Roll welcomed all noting the addition of two parents and four students from Lincoln High School. Mrs. Roll asked each member to write one area of interest or concern that could be included in the District Wellness Committee's work over the coming year.

Dr. McNamara reviewed the updated COVID Re-Entry plan provided to RIDE, noting that federal dollars continue to be available for COVID testing in the District during the school year.

Mrs. Roll distributed a draft of the Annual Report from the District Health & Wellness Committee to the School Committee and the public as required by state law. She also reported that all Principals completed an online survey to evaluate implementation of the District's Wellness Policy in their school. Overall, schools are in compliance with the requirements of federal and state regulations that are the basis for the policy. Areas where there is work to be done include controlling food and beverages sold to students during the school day that do not meet the Nutrition Standards defined in the policy and limiting the use of food as a reward in fundraising projects by parent groups.

Karin Wetherill from the RI Healthy Schools Coalition spoke about the upcoming Annual Breakfast for School Leaders on October 6th at the Crowne Plaza in Warwick. Lincoln Public Schools has reserved a Table of 10 and there are still a few openings for any member of the Wellness Committee to take advantage of.

Mrs. Roll reviewed the three Workgroups that represented the priorities of the Wellness Committee in 2021-22. Suggestions for organizing Workgroups in 2022-23 included:

Social/Emotional Learning/Mental Health: Use CASEL Guide to School-wide for further SEL work.  
Supporting Staff Wellness  
Food Waste in the Cafeterias/Recycling  
School Meals: Introducing new food items at Elementary Schools  
Vaping  
Diversity/Equity/Inclusion

The meeting adjourned at 9:00 AM

Minutes Posted: October 4, 2022